

BEDFORD SENIOR COMMUNITY CENTER NEWSLETTER



MARCH & APRIL 2025

**1653 SAMARIA
TEMPERANCE, MI 48182**

Phone: 734-856-3330

**CENTER HOURS
Monday through Friday:**

8:00 a.m. – 3:30 p.m.

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The Bedford Senior
Community Center!
"Where Friends Meet!"



**LUNCH SERVED
11:30a - 12:15 p
MONDAY - FRIDAY**

**CALL IN YOUR
RESERVATION BY 10:30am
734-856-3330**



HONORING VETERANS OF THE MONTH

JANUARY: Gloria Anastasoff– Air Force 23 years– E7 Master Sergeant Jet Engine Mechanic

**FEBRUARY: William Murphy– Air Force 26 years– Senior Chief E9 Master Sergeant– Communications
THANK YOU!**

Congrats Euchre Winners:

Dec 2024: Jerry G., Helen K., Dave H., Kim H., Al D., Janet G., Jeff K.

Jan 2025: Maxine W., Bill M., Sherri M., Al D., Kim H., Dave H., Ivan S., Richard D.

Benefits of Membership

- Noontime meal program
- Home delivered meal program for shut-ins
- Legal services
- Information & referral
- Speakers bureau
- Newsletter
- Educational presentations
- Volunteer opportunities
- Lending library
- Blood pressure Checks
- Cards: Hand & Foot Cards
- Line dancing Lessons
- Bunko & BINGO
- Pool Tables
- Crafts, quilting, knitting and crocheting
- Euchre
- Fundraisers (i.e. Dinners & festivals)
- Special Events
- Card Party
- Intergenerational programming
- Enhanced Fitness Program
- Rock Art
- Book Club
- Strength & Balance
- Internet access
- Monroe County Library in Motion (once a month)
- Greeting Card Classes
- Yoga
- Members are welcome to attend our Board meetings held the 1st Wednesday of the month @ 12:30pm**



WE NEED YOU! Please consider volunteering to deliver Meals-on-Wheels. Both Drivers and Runners are needed. Call the office at 734-856-3330 if you would like to volunteer.



Garden Volunteers needed for Spring! Weekday morning help is needed.
Call for details!
Great opportunity for those who simply love to garden!

Membership Dues JAN-DEC 2025:

Michigan \$20.00 per person

Ohio \$22.00 per person

***If you haven't renewed yet– Please stop in to "due" so :)**

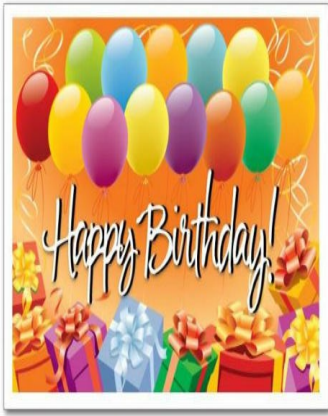
Newsletters are only mailed to members that have paid membership dues for the current year.

Membership dues help support our programs and help with the cost of postage to mail newsletters six times a year.

Holiday Closings

**FRIDAY, APRIL 18:
GOOD FRIDAY**





Birthday Members receive a beautiful flower at lunch donated by Shinkle's Flower Shop!

HAPPY BIRTHDAY to all our members who are celebrating a birthday in **MARCH**

1. Don Smith, Noelle Stevens, Manos Paschalis
2. Della Sudek, Patricia Bonnough, Brenda Hess, Linda Chany, Coleen Kosarue
3. Nancy Farkas
4. Joyce Strahl, John Mussery
5. Carlene Betley
6. Deb Welch
8. Audrey Harris
9. Phil Hines, Lillian LaMarche, Barbara Schuler, Ed Marok
10. Carole Reinhardt, Kelly Douglas
11. Gloria Hart, Rhonda Field, Pam Krell
12. Giesela Wicher, Jeanine Johnson, Cindy Palicki
13. Jackie McMahon, Leanne Pobursky, Gigi Hopkins
14. Joanne Franks, Pamela Marok, Douglas Kade, Linda Riley, Betty Monarch
15. Frank Gotha
16. Richard Newland
17. Robert Rinehart, Connie Velliquette
18. Connie Hanna
19. Karen Dudley, Maryann Sulier
20. Janice Droz, Laurie Czop, Pam Williams
21. Elaine Thomas, Everell "Keith" Brown
22. Theresa Smith
23. Ruth Mahler, Dorothy Stafford
25. George Kreft, Edward Kibler, Sandy Keck
27. Lois Bocks, Bobbie Adamski
28. Richard Light, Thomas Maxwell, Bobbie Hudson
29. Pam Conway, Ken Shreve, Marilyn Hearst
30. Marian Johnson, Wayne Moshier

March Birthday Lunch: Tuesday 11th 11:30am

HAPPY BIRTHDAY to all our members who are celebrating a birthday in **APRIL**

1. Flossie Townsend, Kathryn DuBois, Marilyn DuBois
2. Michael Nagy, Judy Gable, Rosemary Precht, Gail Merce
3. Michele Bilan, Roslyn Briskey, Beverly Pierce
4. Sue Badya, Linda Delmotte
5. Deb Lloyd
6. Karen Daggett, Elaine Allen, Nancy Wallace
7. Debbie Gotts, Deborah DeBryne, Deborah Walker
8. Bernice Heidelberg, Ronald Diener
9. Barbara Fritzsche, Ronald Koch, Mucio Duran
10. Linda Mynihan
11. Lynda Currie, James Pants
12. Kenny Sigler, Faye Hilkins
13. Ruth Paschen, Nancy Smith, Diana Seromick, Sandra Humanski, Pamela Raymond
14. Teri Smith, Richard Sudek, Karen Bauerschmidt
15. Dee Frechette, Carol Young, Amelia Brinkman
16. Jan VanHorn, Constance Collins
17. Linda Bodine
18. Sandy Sobczak, William Adamski
19. Bill Murphy, Kathie Grzesiak, Barbara Snyder
20. Nancy Kuron
21. Cathy Stobinski, Patricia Russo, Alma Duran, Judy Sidle
22. Marie Eastwood
23. Suzanne Drager, Mary Weiher, Pamela Dickerson, Sylvia Sauser, Carol Laurie, Bob Tatro
24. Geralyn Beard, Amada Maldonado, Diana Newland, Peggy McLennan
25. Susan Soda, Annie Kahn
26. Marilyn Lykins, Berdine Roberts, Rose Brontmire
27. Joanne Brewer
28. Cynthia "Jean" Schmidlin, Jerry Stacy, Joe Gladieux, Cynthia Davis, Cindy Holey
29. Floyd Bell, Sharon Wells
30. Mary Southers, Diana Ries

April Birthday Lunch: Wednesday April 9 11:30am

BEDFORD SENIOR COMMUNITY CENTER
SCHEDULED ACTIVITIES
MARCH 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3. Enhance Fitness 8:15am Cards: Cards: Hand & foot 9:00am Yoga 9:15am Bingo @ 12:30pm</p>	<p>4.VOLUNTEER of the MONTH presentation 11:45am Strength & Balance 9:00am Sound Bath Meditation 10a-11a Line Dance Class 1:00pm - 2:30pm Strength & Balance 3:00p</p>	<p>5. Enhance Fitness 8:15am Cards: Cards: Hand & foot 9:00am Bible Study 10:00am - 11:00am 11:45a- Lunch & Learn Family Counseling Services Bunko 12:30pm</p>	<p>6. Strength & Balance 9:00am Quilters 9:00a- 12:30p Double Deck Pinochle 12:30pm - 3:00pm Strength & Balance 2:00p</p>	<p>7.Enhance Fitness 8:15am Cards: Cards: Hand & foot 9:00am Corn Hole 9:30am Veteran of the Month presentation 11:45am Euchre 12:30-3:30</p>
<p>10. Enhance Fitness 8:15am Cards: Cards: Hand & foot 9:00am Yoga 9:15am Bingo @ 12:30pm</p>	<p>11. Strength & Balance 9:00am NO Line Dance Class Strength & Balance 3:00p</p>	<p>12. Enhance Fitness 8:15am Cards: Cards: Hand & foot 9:00am Card Class w/Robin: 10am-11:30am Bunko 12:30pm</p>	<p>13.Strength & Balance 9:00am Quilters 9:00a- 12:30p 11:30a Lunch & Learn: Nick Abalos Edward Jones Double Deck Pinochle 12:30pm - 3:00pm Strength & Balance 2:00p</p>	<p>14. Enhance Fitness 8:15am Cards: Cards: Hand & foot 9:00am Corn Hole 9:30am Euchre 12:30pm-3:30p *BBA TRADE FAIR SAT MARCH 15 10am-5pm</p>
<p>17. St. Patrick's Day  Enhance Fitness 8:15am Cards: Hand & foot 9:00a Chair Yoga 9:15a 11:30am Music Entertainment by "Twin Tunes" Bingo @ 12:30pm</p>	<p>18. Strength & Balance 9:00am Crafts w/ Stacy- "Diamond Art Theme" 10:30am-11:30am NO Line Dance Class Strength & Balance 3:00p</p>	<p>19. Enhance Fitness 8:15am Cards: Hand & foot :9:00am Bible Study 10:00am - 11:00am Library in Motion 11:00am 11:45a- Lunch & Learn with Jason Berry- COA Exec. Director Sound Bath Meditation 12:30pm Bunko 12:30pm</p>	<p>20. Strength & Balance 9:00am Quilters 9:00a-12:30p Double Deck Pinochle 12:30pm - 3:00pm Strength & Balance 2:00p</p>	<p>21. Enhance Fitness 8:15am Cards: Cards: Hand & foot 9:00am Corn Hole 9:30am Euchre 12:30pm-3:30p Rock Art 12:30p * National Poem Day</p>
<p>24. Enhance Fitness 8:15am Cards: Cards: Hand & foot 9:00am Yoga 9:15am Bingo @ 12:30pm</p>	<p>25. Strength & Balance 9:00am 11:45am Lunch & Learn: Toledo Clinic with Karen Culler Book Club 12:30pm Line Dance Class 1:00pm-2:30pm Strength & Balance</p>	<p>26. Enhance Fitness 8:15am Cards: Cards: Hand & foot 9:00am Bunko 12:30pm</p>	<p>27. Strength & Balance 9:00am Quilters 9:00a-12:30p Double Deck Pinochle 12:30pm - 3:00pm Strength & Balance 2:00p</p>	<p>28. Enhance Fitness 8:15am Cards: Cards: Hand & foot 9:00am Corn Hole 9:30am Euchre 12:30pm-3:30p National Vietnam Veterans Day Celebration-Honor</p>
<p>31. Enhance Fitness 8:15am Cards: Cards: Hand & foot 9:00am Yoga 9:15am Bingo @ 12:30pm</p>				

BEDFORD SENIOR COMMUNITY CENTER
SCHEDULED ACTIVITIES
APRIL 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1. Volunteer of the Month Presentation 11:45am Strength & Balance 9:00a Sound Bath Meditation 10:00a-11:00a Line Dance Class 1:00p-2:30p Strength & Balance 3:00pm</p>	<p>2. Enhance Fitness 8:15a Cards: Hand & foot 9:00a Bible Study 10:00a - 11:00a Bunko 12:30p</p>	<p>3. Strength & Balance 9:00am Quilters 9:00am-12:30p Double Deck Pinochle 12:30p - 3:00p Strength & Balance 2:00p</p>	<p>4. Enhance Fitness 8:15a Cards: Hand & foot 9:00a Corn Hole 9:30a Veteran of the Month Presentation 11:45a Euchre 12:30p-3:30p * SATURDAY, APRIL 5- EUCHRE TOURNEY!</p>
<p>7. Enhance Fitness 8:15a Cards: Hand & foot 9:00a Yoga 9:15a - 10:15a Bingo 12:30p *National "PJ day!" Yep- wear your Jammies</p>	<p>8. Strength & Balance 9:00a New Member Meet & Greet 10:15am 11:30a Lunch & Learn - Sandy w/ Glass Peaks - West Park Place Line Dance Class 1:00p-2:30p Strength & Balance 3:00pm</p>	<p>9. Enhance Fitness 8:15a Cards: Hand & foot 9:00a Robin's Card Class- 10:00a-11:30a Bunko 12:30p</p>	<p>10. Strength & Balance 9:00am Quilters 9:00am-12:30p 12:30p- Indian Creek Zoo *National Animal Day! Visit with some animal friends! Double Deck Pinochle 12:30p - 3:00p Strength & Balance 2:00p</p>	<p>11. Enhance Fitness 8:15a Cards: Hand & foot 9:00a Corn Hole 9:30a Euchre 12:30p-3:30p</p>
<p>14. Enhance Fitness 8:15a Cards: Hand & foot 9:00a Yoga 9:15a - 10:15a Bingo @ 12:30p</p>	<p>15. Strength & Balance 9:00a Craft's w/ Stacy-10:30a: "Easter" Theme" Line Dance Class 1:00p- 2:30p Strength & Balance 3:00pm</p>	<p>16. Enhance Fitness 8:15a Cards: Hand & foot 9:00a Bible Study 10:00a - 11:00a Library in Motion 11:00a - 12:00p Sound Bath Meditation 12:30p-1:30p Bunko 12:30p</p>	<p>17. Strength & Balance 9:00am Quilters 9:00am-12:30p 11:30am- Lunch & Learn with Sgt. Hooper MC Sheriff- Senior Safety/Scams Double Deck Pinochle 12:30p - 3:00p Strength & Balance 2:00p</p>	<p>18. Enhance Fitness 8:15a Cards: Hand & foot 9:00a Corn Hole 9:30a Rock Art: 12:30p Euchre 12:30p-3:30p</p>
<p>21. Enhance Fitness 8:15a Cards: Hand & foot 9:00a Yoga 9:15a - 10:15a Bingo @ 12:30p *National Volunteer Week!!</p>	<p>22. Strength & Balance 9:00a Book Club 12:30p Line Dance Class 1:00p - 2:30p Strength & Balance 3:00pm</p>	<p>23. Enhance Fitness 8:15a Cards: Hand & foot 9:00a Bunko 12:30p</p>	<p>24. Strength & Balance 9:00am Jazz Day with Ramona Collins! 11:00am-1:00p Quilters 9:00am-12:30p Double Deck Pinochle 12:30p - 3:00p Strength & Balance 2:00p</p>	<p>25. Enhance Fitness 8:15a Cards: Hand & foot 9:00a Corn Hole 9:30a Euchre 12:30p-3:30p</p>
<p>28. Enhance Fitness 8:15a Cards: Hand & foot 9:00a Yoga 9:15a - 10:15a Bingo @ 12:30pm</p>	<p>29. Strength & Balance 9:00a Line Dance Class 1:00p - 2:30p Strength & Balance 3:00pm</p>	<p>30. Enhance Fitness 8:15a Cards: Hand & foot 9:00a Bunko 12:30p</p>		



WINTER WEATHER CLOSING/DELAY POLICY!

If Bedford Public Schools are closed due to inclement weather conditions, the Bedford Senior Community Center will also be closed that day. **NO MEALS-ON-WHEELS DELIVERIES.**

***If Bedford Schools are DELAYED– we will make an independent decision on whether to remain open or to close.**

****Please check Channel 13 website and our FB page for possible *additional closings* due to poor driving conditions.**

Safety for our Seniors is first!



Visit us on our Facebook page:
Bedford Senior Community Center

**Visit our Website at:
www.bedfordseniorcenter.com**

**Our gift to you 2025!
Members who come for Birthday Lunch *AND* are celebrating their birthday that month, will receive a **FREE** lunch.**



2025 BBA 39th ANNUAL TRADE FAIR

**SATURDAY MARCH 15!
10a-5p
at the
BEDFORD HIGH SCHOOL**

**Hope to see you there!
Visit our table for
membership/travel info, quilt raffle tickets,
and give-a-way prizes!
Quilt Raffle tickets: \$1 per ticket or \$5 for 6**

BOARD MEETINGS

Board Meetings are held the first Wednesday of the month at 12:30pm

It is open to current members and we invite you to attend!

2025 Board of Directors:

Art Schroeder– President

Brenda Selle– Vice President

Grace Peitz– Secretary

Leslie Chesney– Trustee

Kathy Hazzard– Trustee

Judy Paschalis– Trustee

Nelda Reynolds– Trustee

Richard Murray– Trustee

Sandra Hardin–Trustee

Celia Apodaca– Executive Director

Meet our Staff!

Julie Scout– Office Assistant/Meals On Wheels Coordinator

Colleen Roberts– Life Enrichment Coordinator

Beth Adamczak– Head Cook

Harry, Mary, Cindy, George, and Barb– Our Cook Team!

Jim Lambert– Janitorial

George Kreft– Courier/Driver

Celia Apodaca– Executive Director

**ENHANCED
FITNESS CLASS**
8:15a
&
CHAIR YOGA
Every Monday
9:15am - 10:15am



BINGO!
Monday's
12:30p-2:30p

BUNKO
Every Wednesday
12:30pm - 2:30pm



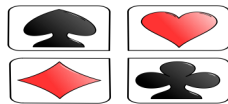
Join our Scrappy Quilt-
ers Group
All are Welcome!
Every Thursday
9:00am - 12:30pm



CORN HOLE
Every
Friday
9:30am



Double Deck Pinochle
Instruction Available!
Every Thursday
12:30pm - 3:00pm



EUCHRE
Every Friday
12:30pm - 3:30pm

**SOUND BATH
MEDITATION**
Hosted by:
Kim Post, RN, &
Certified Instructor:
Twice a month:

First Tuesday 10:00a

Third Wednesday
12:30p

ROCK ART!
Hosted by Annette:
Third Friday of the
Month 12:30pm



Bedford Senior Community Center
Conference Room
1st and 3rd Wednesday of the Month
10:30am - 11:30am
Rev. John Paschen Presiding
ALL ARE WELCOME

STRENGTH & BALANCE CLASSES!!!

TUESDAYS: 9:00am & 3:00pm

THURSDAYS:
***ADDED CLASS! 9:00am**
& 2:00pm

CRAFT'S W/ STACY!

JOIN US THE **THIRD TUESDAY OF
THE MONTH** at **10:30am**

MARCH THEME: "Diamond Art"

APRIL THEME: "Easter"



For Beginner to Intermediate
At
The Bedford Senior Community Center

Tuesday's
1:00pm - 2:30pm
Cost: \$3.00 per lesson

Instructor: Mary Buschmann

Welcome New Members!

Linda Meinhart	Sharon Lennard
Linda Parker	Kim Caris
Norma Mathias	Karen Nelson
Bonnie Prenkert	Diana Barker
Mary Lou Henry	Delana Gessner
Sandra Swartz	Judy Sidle
Lisa Brakel	Sandra Summers
Mark Haskins	Sue Hoft
John& Rose Brontmire	Jill Wainwright
Kelly Douglas	Carol Sliwka
Jim Lambert	Sue Gross
Marilyn Sanderline	Ann Lux

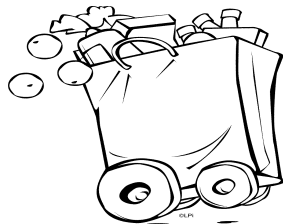
**New Member Meet & Greet
Tuesday, April 8 @ 10:15am
Tony's Donuts and Coffee provided.**

*With Sympathy to the families
of our dearly departed members*



Ethelyn Elkins

**WE
DELIVER
MEALS
ON
WHEELS**



VOLUNTEER SPOTLIGHT!

January: Congrats Kathryn Hazzard!
"I have been volunteering here for 8 years! I serve at all our special events/fundraisers. I'm also in my second term , serving on the Board of Trustees. I believe that giving back to others, enhances my own life. I love the people here!"

February: Congrats Rosemary Schroeder!
(Our longest serving volunteer here at the Center!)

"I have been volunteering here for 33 years!!!!!! Over the years, I have led classes, served on many committees, helped at events/fundraisers, participated in activities, and the Talent show, donated time anywhere needed, and have helped so many people that came through the doors (and she continues to do so!). I love the people and the family here!"

THANK YOU BOTH FOR ALL YOU DO!!!!!!!!!!!!

MONROE COUNTY SENIOR LEGAL SERVICES INC.

An Attorney from Legal Aid is scheduled to be at the Bedford Senior Center from 9:30am until 11:30am on the second Tuesday of every month.

The Attorney will only meet with those clients who have called their office prior to the second Tuesday of the month and made an appointment. To schedule call. 734-241-7644.

There is a \$20.00 consultation fee for each meeting and/or issue.

**MEDICARE COUNSELING
NOW AVAILABLE
AT
THE BEDFORD SENIOR CENTER**

Area Agency on Aging 1-B



Appointments are available on the third Wednesday of each month. Call to make an appointment and let a trained counselor help you understand all of your Medicare options.

Call 734-856-3330

March Fun Activities!

Saturday, Mar 15– BBA Trade Fair 10a-5p @ Bedford High School

*Sunday Mar 9– Daylight Savings Time– Spring Forward!

Monday, Mar 17– All day: St. Patrick's Day Shenanigans– 11:30a Musical Guests “Twin Tunes”

Friday, March 21: National Poem Day

Friday, Mar 28– National Vietnam Veterans Day Lunch Presentation by Honor Guard 9656

April Fun Activities!

Monday, April 7: National Pajama Day! Wear your favorite jammies!

Thursday April 10: National Animal Day! 12:30p “Zoo Day”! At the Senior Center! Welcome Indian Creek Zoo!

April 21-25: National Volunteer Week!

Thursday April 24: National Jazz Day! Welcome back Ramona Collins– Lunch Musical Entertainment 11am-1:00pm Co-Sponsored by Cornerstone Caregiving

T O U R N A M E N T



BEDFORD SENIOR COMMUNITY CENTER FUNDRAISER EVENT!

WHEN: SATURDAY APRIL 5, 2025
TIME: 1:00pm– 4:00pm
**DOORS OPEN AT 12:30pm*

WHERE: BEDFORD SENIOR COMMUNITY CENTER

COST: \$20.00 PER PLAYER

RSVP REQUIRED! By TUESDAY, APRIL 1
SPACE IS LIMITED TO THE FIRST 40 PEOPLE!!!

PAYMENT IN FULL TO RESERVE YOUR SPOT.

1st PLACE WINNER = \$50 PRIZE
2nd PLACE WINNER = \$20.00 PRIZE
3rd PLACE WINNER = \$10.00 PRIZE
MOST LONERS = \$40.00 PRIZE

50/50 RAFFLE \$1.00 per TICKET or 6 TICKETS FOR \$5

PLAY: 8 ROUNDS TOTAL
SLOPPY JOES, CHIPS, MACARONI SALAD & WATER WILL BE PROVIDED FOR EACH PLAYER.
**If players want to bring a sweet treat to share– they can*

ADDITIONAL RAFFLE PRIZES WILL BE AVAILABLE TO WIN!



2nd ANNUAL BEDFORD'S GOT TALENT SHOW!
COMING IN AUGUST 2025!

EVENT DETAILS TO FOLLOW!

SEE THE MAIN OFFICE IF YOU ARE INTERESRED IN PARTICIPATING & FOR MORE DETAILS!



THE SCRAPPY QUILTERS GROUP!

We Need you!

Do You Quilt, Sew, Knit, Crochet, Cross Stitch, ETC?

If so, please join us every **Thursday** between

9:00am -12:30p

Bring your own project to work on, or come help us with our projects to be

donated to charity! All are welcome!

We also have sewing machines on-site for you to use.



Did you know?? In 2024 The Scrappy Quilters made & donated the following:

- * Toledo Hospital NICU- 25 incubator blankets
- * Heartbeat/Gabby's Closet- 20 tote bags, 19 burb cloths, 15 bibs, 17 quilts, 7 hats, 2 baby towels, 6 doll blankets, 1 chair, 14 outfits, Shoes, 3 crochet Afghans, and 11 ribbon blankets
- * Safe House- 10 tote bags, assorted lotions, dental supplies & soaps
- * Build-A-Bed—24 twin quilts & 2 sheet sets
- * Bedford Veterans- 24 hats
- * Well Springs Nursing Home -12 fidget quilts
- * ISD- 15 fidget quilts, 22 chair pads, Felt craft items, pillows, & 1 poncho

Did you know?? In 2024 The Scrappy Quilters made & donated the following:

- * Brookdale- 14 fidget quilts
- * Vibrant Life- 4 fidget quilts
- * Hampton Manor – 4 fidget quilts
- * Aspen Grove- 4 fidget quilts

THANK YOU SCRAPPY QUILTERS FOR ALL YOU DO!

BOOK CLUB!!!!

March Book: *“The Great Alone”* by Kristen Hannah

April Book: *“The Stars Are Fine”* by Anita Shreve

Book Club discussions will be held the 4th Tuesday of the month at 12:30pm

Happy Reading!



**Classes are held the second Wednesday of every month,
10a-11:30a CARD CLASS WITH ROBIN!**

Hello Everyone!

Did you know all money collected from our card making class is donated back to the Senior Center? Did you also know all cards are ready for you to assemble? Check out the bulletin board to see the cards we will be making in our upcoming classes. Just see one card you'd like to make? No problem, just stop by and we'll help you put it together. Cards are \$2 each. There is always 3 different cards to create!

Hope to see you in class!

-Robin



**CONGRATS BEDFORD PRESS!
40 Years of Publication !**

THANK YOU for all you've done for the Community and the Senior Center over the years. Your love, support, dedication, and generosity means so much! We appreciate the hard work, time, and heart that goes into every edition. It's obvious you (Karen Daggett) and your Team truly care about the families, schools, and businesses in the Bedford area.

**We look forward to many more years of partnership with you!
Congratulations again! Here's to another 40 years!**

**FIRE KEEPERS CASINO TRIP
FUNDRAISERS 2025**

Listed below are the casino dates for 2025: Please be aware that the cost of going to the casino will be increasing to \$45 per person– Red Hot Credits will be distributed at the time of the trip. The cost is to pay for your bus seat (\$40) and (\$5) for fundraising.

*Reservations can be made the first Monday after the last trip (e.g.: Trip date 3/12... reservation date for April would be 3/17)

*Full payment (cash or checks) is required to reserve your seat.

Dates are as follows:

March 12, April 9, May 7, June 4, July 9, August 13, September 3, and October 29.



**ANNOUNCING 2025 CHARTER
TRIPS with DIAMOND
TOURS !!!!!!!**



ALL TRIPS ARE FOR SENIORS 55+. CASH, CHECKS, or MONEY ORDERS ARE ACCEPTED at TIME of REGISTRATION. A \$100.00 DEPOSIT IS REQUIRED TO OFFICIALLY RESERVE YOUR SPOT.

CHICAGO, IL APRIL 28-MAY 2, 2025- **SOLD OUT!**

NASHVILLE, TN- JUNE 16-20, 2025- **SOLD OUT!**- (Waiting list)

NEW ORELANS, LA OCT 12-18, 2025- **SOLD OUT!** (Waiting list)

STILL OPEN AVAILABILITY!

THE ARK ENCOUNTER & CREATION MUSEUM- WILLIAMSTOWN, KY AUGUST 26-28, 2025

**DEPOSIT DUE 5/30/25 \$100.00
FINAL PAYMENT DUE 6/13/25-
SINGLE OCCUPANCY RATE
\$624.00
DOUBLE OCCUPANY RATE
\$498.00**

2025 DAY TRIPS !

- * **The Detroit Institute of Art & Lunch at the Hudson Café—**
- Wednesday April 16, 2025-
-\$51.00 per person includes bus seat & museum ticket. *Lunch cost & driver tip is not included.*
Payment due by: Friday March 14
- * **Cornwell’s Dinner Theater: Wednesday, May 21 “Nunsense!” Musical Comedy and Lunch**
-\$106.00 per person includes bus seat, driver tip lunch, and show ticket.
Payment due by: Thursday, April 17

2025 DAY TRIPS !

- * **The Detroit Riverboat Cruise**
- Thursday, July 17, 2025
-\$150.00 per person includes bus seat, driver’s tip, all you can eat lunch buffet, riverboat ticket & entertainment.
Payment due by: Wednesday, April 30
- * **Zehnders of Frankenmuth:**
-Thursday, June 26, 2025
“Chicago Tribute Band” & Lunch
-\$118.00 per person includes bus seat, driver tip lunch, and show ticket.
Payment due by: Thursday, April 24

MENU FOR MARCH 2025

BEDFORD SENIOR COMMUNITY CENTER

Lunches are served between 11:30am & 12:15pm

Menu subject to change

Call 734-856-3330 between 8:00am & 10:30am for reservation

Whole grain bread, spread, & low fat milk served daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3. Country Fried Steak Gravy Mashed potatoes Malibu blend veggies Pears	4. Beef Taco Salad Lettuce & tomatoes Refried beans Cheddar cheese Taco sauce Tortilla chips Churros Orange	5. Almond crusted White fish French Fries Broccoli Cole slaw Peaches	6. Pork Tenderloin With gravy Cauliflower Stuffing Dinner roll Tossed salad Applesauce	7. Tuna Noodle Casserole Egg noodles Peas & Carrots Brussel sprouts Dinner roll Fruit cocktail
10. Cheeseburger on wheat bun Lettuce & tomato Baked beans Tater tots Apricots	11. Birthday Lunch! Baked Chicken thigh Gravy Red skin potatoes Green beans Orange Dessert	12. Mostaccioli pasta w/ meat sauce Parmesan cheese Broccoli Tossed Salad Garlic biscuit Applesauce	13. Salisbury Steak Gravy Mashed potatoes Succotash Mandarin oranges	14. Fish Sandwich Wheat bun Tatar sauce Cheesy potatoes Brussel sprouts Strawberry Yogurt
17. Boiled Dinner Sausage & Cabbage Red skin potatoes Carrots Applesauce	18. Chicken Teriyaki Meatballs Rice Pineapple Broccoli Fruit cocktail Fortune cookie	19. Sloppy Joes wheat bun Chips Beets Three bean salad Peaches	20. Ham & Scalloped potatoes Lima beans Dinner roll Banana	21. Baked Pollock Tartar sauce Rosemary Potatoes California blend veggies Mandarin oranges
24. Beef Chili Baked potato Cheese Sour cream Corn Peaches Crackers	25. Chicken Tenders Ranch dip O'Brien potatoes Carrots Cole slaw Fruit cocktail	26. Liver & Onions Brown gravy Mashed potatoes Tomatoes & Zucchini Applesauce	27. Brunch French toast sticks Sausage links Home Fries Syrup Strawberry yogurt OJ	28. Crab Cakes Tater tots Peas Dinner roll Pears
31. Veal Parmesan over noodles w/ Marinara sauce Ital Green beans Tossed salad Garlic biscuit Apricots				



MENU FOR APRIL 2025
BEDFORD SENIOR COMMUNITY CENTER
Lunches are served between 11:30am & 12:15pm

Menu subject to change
 Call 734-856-3330 between 8:00am & 10:30am for a reservation

Whole grain bread, spread, &
 low fat milk served daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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	1. Turkey Pot Roast Mashed Potatoes Carrots Tossed salad Dinner roll Applesauce	2. Pork Patty Gravy Baked Sweet Potato Succotash Mandarin oranges	3. Beef Enchilada Bake (corn tortillas) Cheddar cheese Black beans Mexicali corn Corn bread Banana	4. Salmon Patty Cream sauce Parsley potatoes Peas Dinner roll Pears
7. Brunch Egg McMuffin Sausage patty Cheese Hashbrowns w/bell peppers OJ Peach crisp	8. BBQ Chicken breast Rosemary potatoes Brussel Sprouts Cole Slaw Fruit cocktail	9. Birthday Lunch Baked Ham Candied Sweet potatoes Dinner roll Tossed salad Pineapple	10. Turkey & Swiss Reuban sandwich (rye bread) Sauerkraut Steak fries Apple	11. Almond crusted White fish Au gratin potatoes Lima beans Pea & Peanut salad Apricots
14. Baked Chicken Thigh Rice Pilaf Broccoli & Cauliflower Chunky applesauce	15. Meatloaf Gravy Mashed potatoes California Blend veggies Dinner roll Fruit cocktail	16. Mini Corn Dogs Baked Beans Beets Cole Slaw Pears	17. Cheeseburger Mac & Cheese Sweet potato fries Green beans Tossed salad Banana	18. CLOSED GOOD FRIDAY
21. Baked Chicken Noodle casserole Bow Tie pasta Peas & Carrots Broccoli Dinner roll Grapes	22. BLT Wrap Beets (cold) Pasta salad w/veggies Apple	23. Swedish meatballs Egg noodles Succotash Brussel Sprouts Tossed salad Orange	24. Chicken Chow Mein Rice Oriental-Veggie blend Egg Roll Fortune cookie Peaches Jazz day- Music	25. Fish sandwich Whole wheat bun American cheese Tartar sauce Cheesy potatoes Peas Cole slaw Strawberry yogurt
28. Smothered Chicken breast Mushroom & onions Rice pilaf Green beans Pears	29. Macaroni Tuna Salad Lettuce & tomatoes Beets (cold) Watermelon Chips	30. Smoked Sausage On whole wheat bun Sauerkraut Succotash Seasoned fries Fruited Jell-O		

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Temperance, MI 48182

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**BEDFORD
SENIOR CENTER
NEWSLETTER**

THE
**BEDFORD SENIOR
COMMUNITY
CENTER**



Commission On Aging



**United Way of
Monroe / Lenawee
Counties**

OUR MISSION

The Bedford Senior Community Center (BSCC) is dedicated to providing the highest quality recreational, social and supportive services to mature adults. It is our goal to foster a warm environment where individuals can explore and enjoy activities and services designed to promote health and welfare of the 55+ population while fostering their independence.

Opinions expressed herein are those of the author and should not be construed as representing the opinions of any agency of the State of Michigan. Views and comments expressed in this newsletter are not necessarily the views and comments of the Monroe County Commission on Aging. The Monroe County Commission on Aging is a governmental agency which funds community center programming through millage dollars. Others that support this program include United Way of Monroe County, Monroe County Nutrition Program, Bedford Township Board, The Lions Club of Bedford, Women of Bedford United, The Bedford Goodfellows, as well as membership and private benefactors.

A United Way organization - Live United