

MENU FOR OCTOBER 2017

BEDFORD SENIOR COMMUNITY CENTER

Lunches are served between 11:30am & 12:30pm

Menu subject to change

Call 734-856-3330 between 8:30am & 10:30am for reservation

Bread, spread, and

low fat milk served daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2. Meat Loaf w/Gravy Mashed Potatoes California Blend Spiced Apples</p>	<p>3. Chicken Chili w/Crackers Tossed Salad Mandarin Oranges</p>	<p>4. Ham Scalloped Potatoes Mexicali Corn Peach Crisp</p>	<p>5. Hamburger Stroganoff Egg Noodles Lima Beans Pineapple</p>	<p>6. Chicken Salad on Whole Wheat Bun Tossed Salad Chips Fruit Cocktail</p>
<p>9. Cabbage Roll Mashed Potatoes Glazed Carrots Pineapple</p>	<p>10. Taco Salad Refried Beans Churros Apple</p>	<p>11. Smokey Mountain Casserole Lima Beans Apricots</p>	<p>12. Chicken a la King on Biscuit Broccoli Carrot Raisin Salad Peaches</p>	<p>13. Pulled Pork on a Bun Pea & Peanut Salad Baked Beans Strawberry Yogurt</p>
<p>16. Salisbury Steak w/Gravy Red Skin Potatoes Brussels Sprouts Fruit Cocktail</p>	<p>17. COOK'S CHOICE</p>	<p>18. Birthday Dinner Chicken Breast w/Gravy Mashed Potatoes Green Beans Apple Cake & Ice Cream</p>	<p>19. Chicken Lasagna Garlic Bread Broccoli Chunky Applesauce</p>	<p>20. Grilled Cheese Tomato Soup w/Crackers Cole Slaw Banana</p>
<p>23. Open Face Turkey Sandwich w/Gravy Mashed Potatoes Carrots Peaches</p>	<p>24. Liver & Onions Mashed Potatoes Stewed Tomatoes W/Zucchini Apricots</p>	<p>25. Chipped Beef on A Baked Potato California Blend Vegetables Fruit Cocktail</p>	<p>26. Almond Crusted Fish Cheesy Potatoes Broccoli Peaches</p>	<p>27. Sloppy Joes on a Bun Chips Cole Slaw Banana</p>
<p>30. Roast Pork w/Gravy Egg Noodles Vegetable Blend Pears</p>	<p>31. Ghoul-Lash Corn Bread Green Beans Fruited Gelatin Apple Cider</p>			<p>Roast Beef Dinner Friday - Oct. 27th 4:30pm - 6:30pm</p> <p>Buy your ticket in advance and save!</p> <p>See Ad on page 4</p>

MENU FOR NOVEMBER 2017

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1. Smoked Sausage w/Sauerkraut Red Skin Potatoes Green Beans Peaches	2. Turkey Pot Roast Mashed Potatoes Tossed Salad Applesauce	3. Tuna Noodle Casserole Peas Carrot Raisin Salad Banana
6. Smokey Mountain Casserole Carrots Tossed Salad Pears	7. BBQ Chicken Rice Pilaf Italian Green Beans Lime Gelatin w/ Fruit Cocktail	8. Birthday Dinner Meat Loaf w/Gravy Mashed Potatoes Corn Apple Cake & Ice Cream	9. Stuffed Chicken Red Skin Potatoes Mexicali Corn Banana	10. Veterans Day Program starts at 11:15am Spaghetti with Meat Sauce Garlic Biscuit Tossed Salad Pears
13. Chicken Fettuccini Alfredo California Blend Vegetables Whole Wheat Roll Peaches	14. Stuffed Peppers Mashed Potatoes Green Beans Banana Pudding	15. Chili Mac Corn Bread Cole Slaw Applesauce	16. Thanksgiving Meal Turkey & Dressing w/Gravy Cranberry Sauce Corn Dinner Roll Pumpkin Pie	17. Pulled Pork on a Bun Cole Slaw Sweet Pickle Banana
20. Country Fried Steak Mashed Potatoes Peas Fruit Cocktail	21. Tator Crusted Fish Baked Potato Harvard Beets Peaches	22. COOK'S CHOICE	23. CLOSED THANKSGIVING HOLIDAY 	24. CLOSED THANKSGIVING HOLIDAY
27. Chicken Tenders w/Ranch Dip Rosemary Potatoes Cole Slaw Scalloped Apples	28. Liver & Onions Mashed Potatoes Stewed Tomatoes w/Zucchini Apricots	29. Pizza Burger Steak Fries Italian Green Beans Fruited Gelatin	30. Vegetable Lasagna Broccoli Cheesy Biscuit Banana	