

MENU FOR FEBRUARY 2018

BEDFORD SENIOR COMMUNITY CENTER

Lunches are served between 11:30am & 12:30pm

Menu subject to change

Call 734-856-3330 between 8:30am & 10:30am for reservation

Whole grain bread, spread, &
low fat milk served daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1. Pork Patty w/Mushroom Gravy O'Brien Potatoes Peas Applesauce	2. Meatloaf w/Gravy Mashed Potatoes Broccoli Banana
5. Chicken a la King w/Peas & Carrots over Biscuit Green Beans Fruit Cocktail	6. Country Fried Steak w/Gravy Mashed Potatoes California Blend Vegetables Orange	7. Chicken Stuffed w/Broccoli & Cheese Redskin Potatoes Broccoli Pears	8. Sloppy Joe's on Bun Potato Chips Pickles Wax Beans Banana	9. Chicken & Dumplings Lima Beans Carrots Peaches PORK ROAST DINNER 4:30 pm- 6:30pm
12. Lasagna w/ Meat Sauce Italian Green Beans Tossed Salad Applesauce	13. Turkey Breast w/Gravy Stuffing Peas & Carrots Apple	14. Salmon Patty w/White Sauce Mashed Potatoes Peas Apricots Valentines Day Ash Wednesday	15. Smokey Mountain Casserole Brussels Sprouts Carrots Banana	16. Almond Crusted Fish Red Skin Potatoes Wax Beans Peach Crisp
19. CLOSED PRESIDENTS' DAY	20. Cabbage Rolls Mashed Potatoes Green Beans Chunky Applesauce	21. Birthday Dinner Salisbury Steak w/Gravy Mashed Potatoes Lima Beans Pineapple Tidbits Cake & Ice Cream	22. Smoked Sausage & Sauerkraut Au Gratin Potatoes Stewed Tomatoes Fruit Cocktail	23. Fish Sandwich Steak Fries Cole Slaw Grapes
26. Chicken w/BBQ Sauce Cooked Cabbage Carrots Peaches	27. Liver & Onions Mashed Potatoes Stewed Tomatoes w/Zucchini Apricots	28. Hot Roast Beef Sandwich Mashed Potatoes w/Gravy Lima Beans Pears		

MENU FOR MARCH 2018

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1. Ham Sweet Potatoes Broccoli Chunky Applesauce	2. Vegetable Lasagna Garlic Bread Tossed Salad Mandarin Oranges
5. Turkey Pot Roast Mashed Potatoes Wax Beans Applesauce	6. Pork Patty w/Brown Gravy Red Skin Potatoes Broccoli Beans Peaches	7. Stuffed Peppers Mashed Potatoes Glazed Carrots Pears	8. Grilled Chicken Breast Scalloped Potatoes Beets Apple Crisp	9. Tator Crusted Fish Steak Fries Green Beans Fruit Cocktail
12. Chicken a la King w/Peas & Carrots over Biscuit Green Beans Peaches	13. Spaghetti w/Meat Sauce Italian Green Beans Tossed Salad Fruit Cocktail	14. Chipped Beef over Baked Potato Carrot, Raisin Salad Pears	15. Chicken Parmesan Rosemary Potatoes Garlic Biscuit Wax Beans Orange	16. Salmon Patty w/White Sauce Mashed Potatoes Peas Banana
19. Smoked Sausage Red Skin Potatoes Carrots Fruit Cocktail Lime Sherbet	20. Birthday Dinner Chicken Breast w/Gravy Whipped Potatoes Brussels Sprouts Pears Cake & Ice Cream	21. Beef Stroganoff w/Noodles Malibu Blend Vegetables Fruited Gelatin	22. Cabbage Rolls Mashed Potatoes Italian Green Beans Chunky Applesauce	23. Tuna Salad Sandwich Potato Chips Cole Slaw Peaches
26. Chicken Lasagna Garlic Bread Broccoli & Cauliflower Baked Apple	27. Crab Cake Baked Potato Broccoli Fruit Cocktail	28. Liver & Onions Mashed Potatoes Stewed Tomatoes w/Zucchini Apricots	29. Pulled Pork on Wheat Bun Seasoned Fried Tossed Salad Pears	30. CLOSED GOOD FRIDAY