

**MENU FOR DECEMBER 2017**  
**BEDFORD SENIOR COMMUNITY CENTER**  
**Lunches are served between 11:30am & 12:30pm**

Menu subject to change  
 Call 734-856-3330 between 8:30am & 10:30am for reservation

Bread, spread, and  
 low fat milk served daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1. <b>Chicken ala King over Biscuit</b> Green Beans Diced Carrots Apple
4. <b>Stuffed Cabbage</b> Mashed Potatoes Corn Fruit Cocktail	5. <b>Grilled Chicken Sandwich</b> Peas Tossed Salad Spiced Apple	6. <b>Beef &amp; Noodles w/Gravy</b> Normandy Blend Vegetables Apricots	7. <b>Turkey Pot Roast</b> Mashed Potatoes Tossed Salad Diced Peaches	8. <b>Pork Patti w/Brown Gravy</b> Red Skin Potatoes Green Beans Pears
11. <b>Almond Crusted Fish</b> Baked Potato Broccoli Apricots	12. <b>Birthday Meal</b> <b>Meat Loaf w/Gravy</b> Mashed Potatoes Lima Beans Fruit Cocktail Cake & Ice Cream	13. <b>Chicken &amp; Dumplings</b> Italian Green Beans Cole Slaw Peaches	14. <b>Pulled Pork on Wheat Bun</b> Baked Beans Tossed Salad Banana	15. <b>Christmas Meal</b> <b>Ham</b> Sweet Potatoes Green Beans Dinner Roll Chunky Applesauce Christmas Cookie
18. <b>Beef Stew w/onion carrots, potatoes, &amp; celery</b> Wax Beans Biscuit Diced Peaches	19. <b>Chicken Cordon Bleu</b> Mashed Potatoes w/Gravy Peas Baked Apple	20. <b>Smokey Mountain Casserole</b> Lima Beans Carrots Apricots	21. <b>Country Fried Steak w/Gravy</b> Mashed Potatoes California Blend Vegetables Orange	22.  <b>CLOSED</b>  
25.  <b>CLOSED</b>  	26. <b>Smoked Sausage &amp; Sauerkraut</b> Au Gratin Potatoes Stewed Tomatoes Fruit Cocktail	27. <b>Turkey &amp; Dressing</b> Sweet Potato Green Beans Mandarin Oranges	28. <b>Chicken w/BBQ Sauce</b> Redskin Potatoes Brussels Sprouts Applesauce	29.  <b>CLOSED</b>

# MENU FOR JANUARY 2018

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>1. CLOSED</b></p> 	<p><b>2. Chicken ala King over Biscuit</b> Italian Green Beans Peas &amp; Carrots Apple</p>	<p><b>3. Pork Roast w/Gravy</b> Sweet Potatoes Green Beans Pears</p>	<p><b>4. Hamburger on Bun w/lettuce &amp; Tomato</b> Steak Fries Carrots Pineapple</p>	<p><b>5. Tator Crusted Fish</b> Tator Tots Spinach Fruited Gelatin</p>
<p><b>8. Salisbury Steak w/Gravy</b> Mashed Potatoes Lima Beans Pineapple Tidbits</p>	<p><b>9. Chipped Beef over Baked Potato</b> Carrot, Raisin Salad Pears</p>	<p><b>10. Salmon Patty w/White Sauce</b> Mashed Potatoes Peas Apricots</p>	<p><b>11. Turkey Pot Roast</b> Mashed Potatoes Green Beans Peach Crisp</p>	<p><b>12. Chicken Stuffed w/Broccoli &amp; Cheese</b> Stuffing Peas &amp; Carrots Banana</p>
<p><b>15. CLOSED</b> Martin Luther King Day</p>	<p><b>16. Smoked Sausage on a Bun</b> Cheesy Potatoes Succotash Mandarin Oranges</p>	<p><b>17. Birthday Meal</b> <b>Chicken Breast w/Gravy</b> Whipped Potatoes Mixed Vegetables Apple Cake &amp; Ice Cream</p>	<p><b>18. Hot Roast Beef Sandwich</b> Mashed Potatoes w/Gravy Wax Beans Pears</p>	<p><b>19. Pork Patti w/Gravy</b> Baked Sweet Potato Green Beans Applesauce</p>
<p><b>22. Chicken Lasagna</b> Garlic Bread Broccoli &amp; Cauliflower Fruit Cocktail</p>	<p><b>23. Liver &amp; Onions</b> Mashed Potatoes w/Gravy Stewed Tomatoes w/Zucchini Apricots</p>	<p><b>24. Stuffed Peppers</b> Mashed Potatoes Carrots Strawberry Yogurt</p>	<p><b>25. Crab Cake</b> Baked Potato Italian Green Beans Fruit Cocktail</p>	<p><b>26. Spaghetti w/Meat Sauce</b> Corn Tossed Salad Banana</p>
<p><b>29. Chili w/Beans</b> Crackers Baked Potato Tossed Salad Pears</p>	<p><b>30. Baked Ham</b> Sweet Potatoes Broccoli Fruit Cocktail</p>	<p><b>31. Chicken Parmesan</b> Parsley Potatoes Garlic Biscuit Lima Beans Peaches</p>		